PROGRAM OVERVIEW

DIGITAL LIFE

CASEL.org
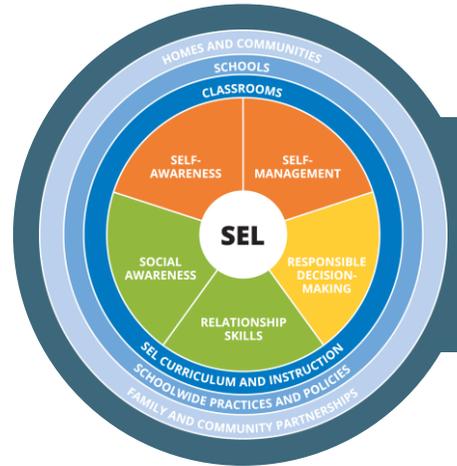
Whatever you call it, digital citizenship or digital literacy is a subject that is necessary for today's DIGITAL LIFE.

Gone are the days of fear-based curricula. Today's DIGITAL LIFE is proactive, interactive, and creative. It's about finding connections, taking in perspectives, and making good decisions. Technology is not the problem, it's the behaviors around the use of technology that can problematic.

Adventure 2 Learning and Circle have teamed up to create a turnkey solution for schools to help impart these valuable DIGITAL LIFE lessons.

The suite of videos and activities are founded in social-emotional competencies to better establish solid habits of mind that span school and home:

- **PROTECT** your username and password
- **EXPLORE** age-appropriate content
- **EVALUATE** sites for truth and perspective
- **PARTICIPATE** thoughtfully when posting or sharing
- **CONNECT** with meaningful online communication
- **RESPECT** others online
- **CREATE** authentic content
- **BALANCE** your time on- and offline

Avoid the "What If's" by integrating these brand new DIGITAL LIFE materials into part of an existing program or by beginning a program tailored to your school community's needs.

The DIGITAL LIFE program includes:

- A growing library of **"What if?" introductory videos** (<2 mins; available in English and Spanish) that encourage perspective taking and reflecting on real-world scenarios

- **SEL-focused lesson plans** for grades 3-5 and grades 6-8 that include Brain & Body Activity Cards, which promote voice and choice for student and family engagement

adventure LEARNING

circle
Their internet. Your rules.

Dear Families,

We know that today's DIGITAL LIFE is complex. Our kids are grappling with issues that we may not have faced growing up, which makes it hard to parent through the ups and downs. Kids will be kids, but developmentally they don't always understand the consequences that come with certain behaviors. Technology is not the problem, it's the behaviors around the use of technology that can be problematic. Being emotional or impulsive can be especially problematic online since digital footprints are almost permanent.

Digital citizenship is a subject that is necessary for today's DIGITAL LIFE.

Today's DIGITAL LIFE is proactive, interactive, and creative! It's about finding connections, considering perspectives, and making good decisions. We can encourage our kids to develop these solid habits of mind that span school and home:

• PROTECT your username and password
• EXPLORE age-appropriate content
• EVALUATE sites for truth and perspective
• PARTICIPATE thoughtfully when posting or sharing
• CONNECT with meaningful online communication
• RESPECT others online
• CREATE authentic content
• BALANCE your time on- and offline

Adventure 2 Learning and Circle have teamed up to help school communities impart these valuable DIGITAL LIFE lessons through a growing suite of videos and activities founded in social-emotional learning (SEL) competencies: www.adventure2learning.com/digital-life. Grow with your child by engaging with the lessons' videos and Brain & Body Activity Cards at home. Together, we will ensure that today's kids are ready for tomorrow's world by being safe, responsible, and respectful when using technology.

Circle is a leading parental controls solution to help families get the best out of their digital experiences, rather than be consumed by them. For a special offer on Circle's screen time management solution, visit meetcircle.com/parents.

Find more educational videos and materials at Adventure 2 Learning: www.adventure2learning.com.